

Roast Beef with Blueberries

Ingredients

- 1.25 kg (2 lb 12 oz) lean Scotch Beef roasting joint (i.e. topside, sirloin or boneless rib)
- 450 ml (0.75 pt) red wine
- 300 ml (0.5 pt) beef or vegetable stock
- 4 shallots, finely chopped
- 1 punnet of blueberries (approx. 225 g / 8 oz)
- A few sprigs of fresh thyme



Find all recipes at scotchkitchen.com