

# Spiced Beef Casserole with Plums

## Ingredients

- 1kg (2lb 4oz) Scotch casserole, shoulder or featherblade beef, diced
- 450g (1lb) large, firm plums, halved
- 300ml (½pt) dry red wine (or water or red grape juice)
- 2 tbsp olive oil
- 2 medium sized onions, sliced
- 2 tbsp red wine vinegar
- 2 tsp ground allspice
- 2 tsp cornflour
- 150g carton natural yoghurt
- Season to taste



Find all recipes at [scotchkitchen.com](http://scotchkitchen.com)